



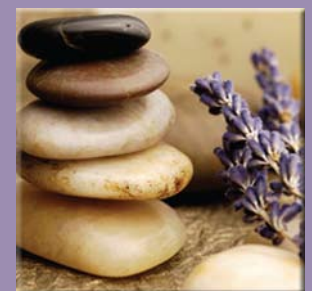
2008 - 2009 REPORT TO THE COMMUNITY



INSIGHT



CHANGE



BALANCE

Dear Friends and Supporters,

These days the economy is uppermost in the minds of all of us. For those who have lost jobs, seen their property values plummet, or lost money in investments, it's more than just a thought. It's real emotional pain.

For many of the women we serve, economic woes are not a new phenomenon. But we have in the last year seen an ever-growing number of women who are struggling just to meet basic needs. The average income of clients seen this past year has dropped to less than \$10,000. Currently, sixty-four percent of our clients are unemployed. Ninety-one percent are single or divorced, without another person on whom they can rely.

Women do not come to Womanline because they have financial problems. They seek help with emotional problems, many arising out of sex abuse that occurred in their childhood. But when financial stress increases, a woman's inner resources for managing emotional problems are stretched thin, sometimes to the breaking point. Women, who might have been able to cope when the economy was better, now find themselves less and less able to do so.

That being said, there is the other side of a double-edged sword. Just as more women are seeking help, so Womanline, like all other non-profit agencies, is struggling to find the financial support to meet a steadily growing need.

The financial support for Womanline comes from individual and corporate donors and foundations. A small part comes from fees paid for counseling. All of these sources, on whom we have relied for years, are faced with the same economic facts: loss of jobs or less disposable income, fewer or smaller pledges, smaller returns on investments or declining stock market values. We have taken the same hit on our investments. This past

year we have seen a decline in donations and grants from all of these sources. This leaves us concerned about our ability to meet the growing demand for service until the economy turns around.

In the past year, we have taken an important step to increase revenue to the agency. Following our accreditation by the Council of Accreditation, we applied for and received certification from the Ohio Department of Mental Health. That accomplishment opened a door to a new source of revenue for the agency - Medicaid. While this is an important step for increasing revenue, it is not a silver bullet. In the end, how much we receive in additional support depends on the number of clients who are covered by Medicaid. Though many of our clients have limited income, they do not necessarily meet the guidelines for participation in Medicaid.

Throughout these troubling times, we remain committed to providing the highest quality care for the women we serve, and remaining an important community resource for women who have been sexually abused as children.

We could not have done this alone. We have relied on support from numerous people and organizations, and I hope we have earned their respect for managing the funds entrusted with us.

Thanks to everyone who has shown their commitment to our mission by their personal and financial support over the past year.



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the newest trustee:*

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# INSIGHT, CHANGE, AND BALANCE

Starting down the road to recovery from the trauma of child sex abuse is for many women one of the most difficult steps to make. Beginning counseling means traveling in uncharted territory, which may be as scary as the nightmares and painful memories a woman has of her childhood. Unraveling a past filled with dark memories that have somehow been contained, a woman may begin to feel overwhelmed, out of control, or even paralyzed and unable to carry on as well as she has. It's not uncommon for a woman to begin treatment, make progress, then falter. That's how challenging the process of recovery often is.

For over two decades, Womanline has been helping victims of child sex abuse make that long and arduous journey out of a past where they have been held hostage. As symbolized by the three icons on the front cover, the process of counseling is one of developing insight, making change, and finding balance in one's life. Each year our trained and experienced counselors guide women through these three stages essential to a successful transition from victim to survivor.

## **One Woman's Story**

Kate, we will call her, was first abused by a relative when she was only nine years old. As often happens with victims of abuse, Kate found an unhealthy way to cope with the emotional trauma. She turned to alcohol at the young age of 14. By the time she came to Womanline at age 30, she had had only two full weeks of complete sobriety from

drugs and alcohol. Before the age of 28, she had been hospitalized twice in a psychiatric unit for attempting suicide.

Kate came to Womanline for help with continuing emotional, social, and drug and alcohol problems, all going back to her childhood abuse. While in counseling she continued to have days during which she felt overwhelming sadness, and talked to her counselor about suicide. Fortunately, she was able this time to avoid any actions that might have led to hospitalization. From her counselor, she learned healthier ways of coping, and developed more positive behaviors, as simple as taking a class and exercising with a friend. While in counseling she returned to Alcoholics Anonymous, her mood improved, and she had fewer thoughts of suicide.

Today, Kate has been sober for thirteen months, is employed, and is overall a stronger person. Like most victims, she may never be completely free of the emotional consequences of her childhood experience, but she has learned how to take positive steps to live a much happier life.



Kate is only one of over a hundred women we help each year make what may be the most important journey in their lives. We thank all of our supporters for helping to make that possible.

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# HIGHLIGHTS OF 2008 - 2009

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## **Womanline Earns State Certification**

Early in 2008, Womanline was accredited by the national Council on Accreditation (COA). The Council's program of quality improvement is designed to identify providers that have set high performance standards for themselves, and have a commitment to their constituents to deliver the very highest quality services.

Earning accreditation set the stage for Womanline to seek certification by the Ohio Department of Mental Health. Womanline was first certified by the Department in late 1990s. Four years ago the Department changed its rules to require mental health agencies to become accredited by one of three national bodies, one of which is COA. Becoming accredited and re-certified was the top strategy set out by the Womanline Board of Trustees in its 2006 strategic plan. Once accredited, the agency applied in the summer of 2008 for certification.

Certification by the Department of Mental Health opened an important door for a new source of revenue. In the 1980s Ohio reached an agreement with the federal government to fund mental health services

with Medicaid. The State would allocate Medicaid funds to county mental health boards. Boards, in turn, would provide a matching amount of funds to pay most of the cost of services provided by local agencies.

Once Womanline became certified, we applied to the Alcohol, Drug Abuse, and Mental Health Services Board of Montgomery County for Medicaid funding. Earlier this year, we received a contract with the Board and have been able to bill for services back to September of 2008 for eligible clients.

Although we serve a large number of low-income clients, not all of them have Medicaid. To qualify for Medicaid, a person has to meet certain income and family requirements, or be determined disabled.

Accreditation and certification has also opened another door of funding. We are now able to bill insurance companies. In the Fall of 2008, we were accepted as network provider under Tri-Care. Tri-Care covers medical care of all active duty and retired military and their families.

## **Requests For Counseling Increasing**

In part as a result of an active marketing campaign begun in March, 2009 and the fact that more women faced with financial problems are experiencing emotional problems, our Counseling Services has seen a large jump in the number of new clients.

Our marketing strategy included both radio and bus advertising. Riders can now hear our ads every time their bus approaches designated bus stops. Using this technology we have been able to target our marketing message to riders in specific geographic areas.

Experts at SAMHSA, a federal agency concerned with substance abuse and mental health services, are expecting an increase in anxiety, depression, substance abuse, and suicide as a result of the stress caused by the economic downturn. To learn more download a publication by SAMHSA. Go to our homepage, [www.womanlinedayton.org](http://www.womanlinedayton.org), and click on Mental Health Guide.

# HIGHLIGHTS OF 2008 - 2009

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## 2009 Annual Luncheon

Over three hundred people came out on a beautiful spring day in April to enjoy delicious food, companionship, an exceptional fashion show, and an entertaining speaker.

The show, emceed by Kim Faris of Light 99.9 Radio, featured fashions from The Secret Ingredient of Town Country. Models were Womanline Board members and friends of Womanline.



From left: Lois Sutherland, Barbara Ann Hardy, Jean Miller (manager, The Secret Ingredient) Rhonda Miller, Kasheen Swango, Deborah Franz, Cary Hatton, Jeanette Rudy, Tonya Zengel. Not shown, Karen Ollier

Rita Miller, a psychiatric nurse and humorist, entertained the audience with a whimsical, but informative analysis of four women personality types.

## Young Women Leaders Honored

For the second year in a row, three young women were recognized at the annual luncheon for their extraordinary community leadership. The leadership award was created in 2008 to highlight qualities Womanline esteems and often sees in young women who are volunteering today.



Nominations for the award came from schools, clubs, churches, and other places where young women are volunteering their time and talents to help others.

This year's honorees are Alison Arbogast a graduating senior at Troy Christian High School; Andrena Sawyer, University of Dayton Law School; Kelli Sexton, Wright State University.

Members of the selection committee were Joy Pascoe (Smith Barney), Amber Vlasnik (WSU), Lisa Rismiller (UD), Jeanette Taylor (National Conference for Community and Justice), Mike Nygren (School of Urban Studies), and John O'Bryan (Womanline)

*To read more about the three honorees go our website, [womanlinedayton.org](http://womanlinedayton.org).*

## I Can Tell

With grants from the CareSource Foundation, Levin Family Foundation, Mathile Family Foundation, Ohio Children's Trust Fund, and Target, our I Can Tell program was taken to over 1,500 children in eighty-four classrooms during the past year. Participating schools were Charity Adams, East End Community, Holy Angels, Menlo Park, Patterson Park, Ruskins, St. Helen's, Summit Day Academy, and Valley Forge. The program was also adapted for youth at the Montgomery County Juvenile Court.

The I Can Tell instructor teaches children in the primary and elementary grades how to recognize signs of inappropriate touching, that abuse is never their fault, and what to do if they believe they are being sexually abused.

# 2008 FINANCIAL STATEMENTS

In the management of Womanline's resources, the Board of Trustees is guided by its mission to provide high quality, affordable services to women and children throughout the Miami Valley. Public support ~ corporate, foundation, and government grants, United Way contributions, individual donations ~ allows us to provide services to our clients at an affordable cost. Program revenue ~ what clients pay ~ account for less than ten percent of the overall support for the agency.

## STATEMENTS OF FINANCIAL POSITION

|   | 2008             | 2007             |
|---|------------------|------------------|
| <b>ASSETS</b>                           |                  |                  |
| Cash                                    | 61,969           | 93,090           |
| Investments                             | 131,222          | 208,167          |
| Property and Equipment                  | 261,864          | 272,980          |
| Cash Restricted                         | 11,505           | 11,249           |
| Other Assets                            | 815              | 815              |
| <b>Total Assets</b>                     | <b>\$467,375</b> | <b>\$586,301</b> |
| <br>                                    |                  |                  |
| <b>LIABILITIES AND NET ASSETS</b>       |                  |                  |
| Current Liabilities                     | 24,739           | 22,958           |
| <br>                                    |                  |                  |
| Net Assets - Unrestricted               | 277,567          | 323,699          |
| Net Assets - Temporarily Restricted     | 155,069          | 229,644          |
| Permanently Restricted                  | 10,000           | 10,000           |
| <br>                                    |                  |                  |
| <b>Total Liabilities and Net Assets</b> | <b>\$467,375</b> | <b>\$586,301</b> |

## STATEMENT OF ACTIVITIES

|   | 2008             | 2007             |
|---|------------------|------------------|
| <b>PUBLIC SUPPORT &amp; REVENUE</b>       |                  |                  |
| Public Support                            | 179,029          | 197,055          |
| Revenue                                   | 19,204           | 96,857           |
| <br>                                      |                  |                  |
| <b>Total Public Support &amp; Revenue</b> | <b>\$198,233</b> | <b>\$293,912</b> |
| <br>                                      |                  |                  |
| <b>EXPENSES</b>                           |                  |                  |
| Program Services                          | 256,787          | 252,059          |
| Management & General                      | 56,040           | 55,716           |
| Fund Development                          | 6,113            | 14,404           |
| <br>                                      |                  |                  |
| <b>Total Expenses</b>                     | <b>\$318,940</b> | <b>\$322,179</b> |
| <br>                                      |                  |                  |
| <b>CHANGE IN NET ASSETS</b>               | <b>(120,707)</b> | <b>(28,267)</b>  |
| <br>                                      |                  |                  |
| <b>NET ASSETS</b>                         |                  |                  |
| Beginning of Year                         | \$563,343        | \$591,610        |
| End of Year                               | \$442,636        | \$563,343        |

The 2008 Financial Statement was prepared by Brady, Ware, Schoenfeld, Inc.. A full financial statement is available at Womanline of Dayton, Inc.

# SHARING THE VISION

Carrying out our mission would not be possible without the support of numerous community groups, corporations, foundations, and individuals who share our vision of a better community, where children are safe from abuse, and those who have been its unfortunate victims have hope and the means to recover. We thank every donor, whose contributions, both small and large, have demonstrated their commitment to our vision.

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The Monsignor Robert A. Amann Foundation  
Archdiocese Of Cincinnati  
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Liberty Mutual  
Mark Fornes Realty, Inc.  
Miami Valley Hospital  
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Providence Medical Group  
Touch of Gratitude  
The Uhl Agency

### Other Organizations

COKES  
Dayton Catholic Women's Club  
Fairbrook P.T.O.  
Gem City Square Dance Club  
Hope United Methodist Church  
St. Elizabeth Nurses Alumni Association  
St. Leonard Faith Community  
The School for Urban Studies  
United Way of Greater Dayton  
University Of Dayton  
Wright Patterson Officers Wives Club

### INSURING YOUR DONATIONS WORK FOR THE COMMUNITY

We take very seriously the trust you place in us when you make a donation to Womanline. We meet the highest standards of accountability set by the Council on Accreditation, United Way of the Greater Dayton Area, the Better Business Bureau, and federal and state law.



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Julia Reichert  
Louis & Madonna Reitz  
Angeline Rice  
Eunie Schwab  
Denver Smith  
Marilyn Smith  
Robert Stragand  
Edna Stueve  
James Warner

*Ada Ferneding*  
*Joanne Lienesch*

Over the last several months, we lost two long-time and dedicated volunteers, who began their work with Womanline in the early days of the agency. Their contributions over the years have been immeasurable, and greatly appreciated.

### FAMILY ASSISTANCE DONATIONS

Special thanks go to the following companies, church groups, clubs, and individuals who have generously donated food, clothing, other necessities for our families:

Christ Child Society  
Cub Foods  
Dayton Chapter, American Sewing Guild  
Gem City Square Dancing Club  
Incarnation Parish Madonna Guild  
Indian Ripple School  
St. John Lutheran Church  
Second Debut  
Target Stores  
Twin Creek Garden Club of Germantown

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Jennifer Ahlers-Hart  
Theresa Arway  
Sharon Boudroua  
Diane Briggs  
Amy Brusaw  
Debbie Burneka  
Michelle Cox  
Jennifer Cumming  
Maureen Fischer  
Pam Fleenor  
Mary Gambill  
Karen Garcia  
Monica Gavin  
Carole Geiger  
Megan Gilliland  
Debbie Gothard  
Elizabeth Hicks  
Emily Holt  
Shelley Hoy  
Susan Jackson  
Carol Johnson

## OUR COMMUNITY PARTNERS

Barbara Kitzerow  
Peter Laudieri  
Roxanna Lee  
Jasmine Lowed  
Icea Mack  
Leah Marlow  
Barbara McCready  
Angela McKinney  
Doug Mohr  
Kelly Morris  
Pat Neer  
Teresa Norris  
Carol Oldham  
Sheila Rajanatnam  
Drema Render  
Cheryl Rice  
Carrol Roddy  
Bonita Rogers  
Sheryl Shroyer  
Pam Silko  
Pam Swindon  
Kari Swindon  
Susan Troutman  
Martha Ulmer  
Sahii Ullring  
Cathy Valenton  
Pamela Virelli  
Mona Vollmer  
Michael White  
Crystal Williams  
Annette Williams  
Sue Winger  
Penny Wolf  
Ruthann Zavakos

### ANNUAL LUNCHEON

A significant source of support for the services we provide comes from the Annual Luncheon. We thank all those who showed their support by coming to the event. We owe special thanks to the businesses and individuals who showed their support by donating items to our online auction and raffle, or purchasing ads in our program.

The following list includes donors for both the 2008 and 2009 Luncheon.

A Abel  
AAA Miami Valley Year Adam & Adam & Bootie Zengel  
Affinity Salon and Day Spa  
Alzada Roberts  
Angela McKinney  
Ann Sinal  
Arrow Wine  
Ashleys Pastry Shop  
Ashworth's Beauty Group  
Asian Arts Center  
Barbara Ann Hardy  
Barbara Gates  
Barnsider Restaurant  
Beef O'Brady's  
Benchworks Jewelers  
Blue Turtle Toys  
Brady Ware  
Brower Insurance Agency  
Buckeye Ecocare  
Buffalo Wild Wings & Milano's  
Carla Amato, CMT  
Carrabba's Italian Grill  
Cassano's Inc.  
Cecilla Accrocco  
Cheesecake Factory  
Christ Child Society

Christopher's Restaurant & Catering  
City of Centerville  
Clint's Printing, Inc.  
Cold Stone Creamery  
Curves if Centerville  
Dayton Ballet  
Dayton Dragons  
Dayton History  
Dayton Opera  
Dayton Society of Natural History  
Dick's Sporting Goods  
Dorothy Lane Market, Inc.  
Douglas Almoney, DDS  
William Almoney, DDS  
Elaine Lantz  
Elizabeth New Life Center  
Emilie Dymond  
Far Hills Florist  
Flying Pizza  
Get Dressed  
Gold Identities  
Gordon & Mary Kay Victorson  
Harrison's Restaurant  
Health Foods Unlimited  
Hibbett Sports  
Hoagie's Pizza House Inc.  
Horizon Payroll  
Hot House Glass  
Houser Asphalt & Concrete  
Icea Mack  
Intercontinental Hotel  
Interlink Advantage  
Jay's Seafood Restaurant  
Joli's Boutique LLC  
Judy Haun  
Julie Criner  
K-Mart  
Kevin Duffin  
Krogers Marketplace/Englewood  
Libby Popp  
Lois Sutherland

Lolly The Trolley  
London Clothier  
Marc Dotson Hair & Day Spa  
Mercy Sienna  
Mindy's of Oakwood Salon & Day Spa  
Meijer Store  
Mike Elsass  
Miss Kelle's Boutique  
Nancy Smith  
Neely Laubendorfer  
Oregon Express  
Pam McDonough  
PBJ  
Pine Club  
Pizazz For Hair  
Requarth Lumber Company  
Ruth Macon  
Sandra Reed Photography  
Senses  
Shalini Bahl  
Sharon Neal  
Siebenthaler's Garden Center  
Sinclair Community College  
Speedway SuperAmerica LLC  
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Theresa Arway  
Towne Mechanical Contractors  
Transforming Techniques  
Trilogy Movement Studio  
University of Dayton Lifelong Learning Center  
Vannah E. Nantz, D.D.S.  
Victoria Theatre Association  
Wm. G. Uhl  
Weezie McGinnis  
Whispers Home  
Westbrook Funeral Home  
Young Kim Realty  
Zengel Construction  
Zig Zag Gallery  
Zita Leiker

# HIGHLIGHTS OF 2008 - 2009

## FRIENDS OF WOMANLINE

The following people demonstrated their support for the 2009 Luncheon and Fashion Show by making a cash donation.

Kathy Britt  
Joanne Callahan  
Joan Corless  
Julie Criner  
Mary Drysdale  
Linda Ellison  
Pat Frericks  
Mary Gambill  
Francine Guggler  
Margaret Hayes  
Mary Hufnagle  
Joe Lambright  
Mary Louise Lubinski  
Rochelle Mayes  
Angela McKinney  
Ann McKinney  
JoAnn O'Brien  
John & Paula O'Bryan  
Jeanine Phlipot  
Elizabeth Reigner  
Challon Roberts  
Ned Ryan, Jr.  
Elizabeth Stenglein  
Pauline Westendorf  
Eva Williamson  
Walter Woeste

Some donors may have given through United Way or the Combined Federal Campaign, as well as through our general appeal.

The Combined Federal Campaign Regulations require that donor lists not be released to anyone other than the recipient agency. Accordingly, we have omitted the names of donors who have given only through the Combined Federal Campaign.

We have taken great care to correctly list all donors. We apologize if your name has been listed incorrectly or omitted accidentally. Please contact us so we can correct our error.



## MISSION

Provide high quality, affordable counseling services to women, especially to those who have been sexually abused, and to prevent abuse of children and women through educational programs.

## VISION

Womanline will be known as: a center of excellence in providing the highest quality counseling for women, and a leader and active partner with others in the prevention of sexual abuse of children and women.